

# Loccumer Volkslauf 2025

## Ergebnisliste MW

| Platz | Star | Name | Nat. | Jg. | AK | Verein | Netto | Brutto |
|-------|------|------|------|-----|----|--------|-------|--------|
|-------|------|------|------|-----|----|--------|-------|--------|

### 5 km Lauf

#### Männlich

|     |    |                     |                                                                                     |      |                      |                  |          |          |
|-----|----|---------------------|-------------------------------------------------------------------------------------|------|----------------------|------------------|----------|----------|
| 1.  | 51 | Osten, Aron         |    | 2006 | männliche Jugend U20 | SSV Rodewald     | 00:18:03 | 00:18:39 |
| 2.  | 60 | Küster, Philipp     |    | 1982 | Senioren M40         |                  | 00:20:21 | 00:20:58 |
| 3.  | 48 | Heinze, Lucien      |    | 2001 | Männer Hauptklasse   | Feuerwehr Loccum | 00:21:39 | 00:22:18 |
| 4.  | 52 | Osten, Andreas      |    | 1970 | Senioren M55         |                  | 00:22:53 | 00:23:29 |
| 5.  | 50 | Klinkert, Reinhard  |    | 1969 | Senioren M55         |                  | 00:23:37 | 00:24:15 |
| 6.  | 49 | Schafft, Felix      |    | 1999 | Männer Hauptklasse   | Feuerwehr Loccum | 00:24:12 | 00:24:50 |
| 7.  | 59 | Bochmann, Michael   |    | 1963 | Senioren M60         | JG-Oyle          | 00:24:23 | 00:25:02 |
| 8.  | 57 | Boehm, Carsten      |    | 1968 | Senioren M55         | TEAM OZZY        | 00:25:21 | 00:26:00 |
| 9.  | 62 | Weber, Joel         |    | 1989 | Senioren M35         | TSV Loccum       | 00:25:23 | 00:25:59 |
| 10. | 43 | Jürgensen, Lennox   |                                                                                     | 2011 | männliche Jugend U16 | TSV Loccum       | 00:26:32 | 00:27:10 |
| 11. | 42 | Kastenschmidt, Ole  |                                                                                     | 2011 | männliche Jugend U16 | TUS Leese        | 00:26:32 | 00:27:10 |
| 12. | 63 | Förthmann, Adrian   |    | 1998 | Männer Hauptklasse   | TSV Loccum       | 00:27:43 | 00:28:25 |
| 13. | 47 | Scheibner, Till     |    | 1999 | Männer Hauptklasse   | Feuerwehr Loccum | 00:27:48 | 00:28:27 |
| 14. | 61 | Mankart, Fabian     |    | 1991 | Senioren M30         | TSV Loccum       | 00:28:10 | 00:28:47 |
| 15. | 44 | Wenk, Johann        |    | 1965 | Senioren M60         | VC Nienburg      | 00:28:27 | 00:29:07 |
| 16. | 45 | Dachs, Manfred      |    | 1966 | Senioren M55         | VC Nienburg      | 00:28:27 | 00:29:07 |
| 17. | 36 | Kirchhoff, Hartmut  |                                                                                     | 1953 | Senioren M70         | TuS Wasserstraße | 00:30:03 | 00:30:44 |
| 18. | 37 | Kaiser, Ingo        |                                                                                     | 1960 | Senioren M65         | LT Petershagen   | 00:31:30 | 00:32:10 |
| 19. | 46 | Schreiber, Ulrich   |  | 1959 | Senioren M65         | BSG ABB Minden   | 00:31:44 | 00:32:26 |
| 20. | 58 | Lehmann, Ralf       |  | 1968 | Senioren M55         |                  | 00:31:53 | 00:32:37 |
| 21. | 55 | Hainke, Nils        |  | 1994 | Senioren M30         |                  | 00:31:54 | 00:32:37 |
| 22. | 54 | Lohstroh, Fred      |  | 1964 | Senioren M60         | SV Warmсен       | 00:34:20 | 00:35:00 |
| 23. | 38 | Brinkmann, Wolfgang |                                                                                     | 1951 | Senioren M70         | TSV Loccum       | 00:35:14 | 00:35:54 |

#### Weiblich

|    |    |                      |                                                                                     |      |                      |                        |          |          |
|----|----|----------------------|-------------------------------------------------------------------------------------|------|----------------------|------------------------|----------|----------|
| 1. | 53 | Osten, Nova          |  | 2008 | weibliche Jugend U18 | SSV Rodewald           | 00:19:06 | 00:19:42 |
| 2. | 32 | Grabowsky, Claudi    |                                                                                     | 1970 | Seniorinnen W55      | Laufen geht immer / SG | 00:29:23 | 00:30:00 |
| 3. | 39 | Sandforth, Elisabeth |                                                                                     | 1986 | Seniorinnen W35      |                        | 00:29:44 | 00:30:23 |
| 4. | 40 | Kayka, Christiane    |                                                                                     | 1965 | Seniorinnen W60      |                        | 00:30:13 | 00:30:50 |
| 5. | 56 | Hainke, Michelle     |  | 1991 | Seniorinnen W30      |                        | 00:31:54 | 00:32:37 |
| 6. | 41 | Riekenberg, Reinhild |                                                                                     | 1966 | Seniorinnen W55      | SSV Rodewald           | 00:34:21 | 00:34:58 |
| 7. | 34 | Thiele, Manuela      |                                                                                     | 1978 | Seniorinnen W45      |                        | 00:35:13 | 00:35:54 |
| 8. | 33 | Weihe, Laura         |                                                                                     | 2003 | weibliche Jugend U23 | Laufen geht immer / SG | 00:38:09 | 00:38:47 |

### 10 km Lauf

#### Männlich

|    |     |                       |                                                                                     |      |                    |                          |          |          |
|----|-----|-----------------------|-------------------------------------------------------------------------------------|------|--------------------|--------------------------|----------|----------|
| 1. | 118 | Sprado, Jörn          |  | 1975 | Senioren M50       | Speed Ducks GC Nendorf   | 00:39:54 | 00:40:29 |
| 2. | 110 | Lamprecht, Stephan    |                                                                                     | 1965 | Senioren M60       | Laufen gegen Leiden e.V. | 00:40:58 | 00:41:33 |
| 3. | 111 | Höltje, Sebastian     |                                                                                     | 1966 | Senioren M55       | VFL Bückeburg            | 00:42:37 | 00:43:11 |
| 4. | 101 | Grone, Jörn           |                                                                                     | 1969 | Senioren M55       | FC Grone                 | 00:46:02 | 00:46:39 |
| 5. | 103 | Laufer, Thomas        |                                                                                     | 1969 | Senioren M55       | SV Husum                 | 00:47:02 | 00:47:37 |
| 6. | 117 | Heiden, Eric          |  | 1996 | Männer Hauptklasse | LT Freya Friedwalde      | 00:48:09 | 00:48:46 |
| 7. | 105 | Drees, Volker         |                                                                                     | 1967 | Senioren M55       | FT Dützen                | 00:48:24 | 00:48:59 |
| 8. | 119 | Droste, Henning       |  | 1972 | Senioren M50       | Laufschule Lauenhagen    | 00:55:37 | 00:56:15 |
| 9. | 115 | Dworog-Breiter, Frank |  | 1959 | Senioren M65       |                          | 01:00:44 | 01:01:21 |

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| Platz | Star | Name               | Nat.                                                                              | Jg.  | AK           | Verein            | Netto    | Brutto   |
|-------|------|--------------------|-----------------------------------------------------------------------------------|------|--------------|-------------------|----------|----------|
| 10.   | 122  | Bartoschek, Bernd  |  | 1952 | Senioren M70 | SV 1860 Minden    | 01:01:35 | 01:02:14 |
| 11.   | 120  | Grießl, Steffen    |  | 1962 | Senioren M60 | SV 1860 Minden    | 01:01:44 | 01:02:20 |
| 12.   | 102  | Liebrecht, Michael |                                                                                   | 1965 | Senioren M60 |                   | 01:02:11 | 01:02:50 |
| 13.   | 113  | Rose, Thorsten     |                                                                                   | 1967 | Senioren M55 | TSV Loccum        | 01:03:53 | 01:04:31 |
| 14.   | 114  | Trantel, Christan  |  | 1950 | Senioren M75 | Loccum            | 01:08:05 | 01:08:42 |
| 15.   | 106  | Kaiser, Stefan     |                                                                                   | 1963 | Senioren M60 | Knights of Kolben | 01:15:46 | 01:16:26 |

### Weiblich

|    |     |                       |                                                                                   |      |                    |                          |          |          |
|----|-----|-----------------------|-----------------------------------------------------------------------------------|------|--------------------|--------------------------|----------|----------|
| 1. | 108 | Heiden, Claudia       |                                                                                   | 1975 | Seniorinnen W50    | LT Freya Friedwalde      | 00:50:52 | 00:51:29 |
| 2. | 121 | Timmermann, Heidi     |  | 1970 | Seniorinnen W55    | LT Freya Friedwalde      | 01:02:02 | 01:02:40 |
| 3. | 112 | Thiermann, Christina  |                                                                                   | 1977 | Seniorinnen W45    | SG Schamerloh Loperei    | 01:02:11 | 01:02:50 |
| 4. | 109 | Franke, Johanna       |                                                                                   | 1996 | Frauen Hauptklasse | SV 1860 Minden           | 01:02:56 | 01:03:35 |
| 5. | 125 | Wesemann, Lenja       |  | 1993 | Seniorinnen W30    | TSV Loccum               | 01:02:57 | 01:03:35 |
| 6. | 124 | Roebke, Dagmar        |  | 1969 | Seniorinnen W55    | Absolute Run Crew Minden | 01:05:40 | 01:06:19 |
| 7. | 107 | Sundermeyer, Stefanie |                                                                                   | 1968 | Seniorinnen W55    | Flying Stöckels de Luxe  | 01:05:43 | 01:06:22 |
| 8. | 116 | Senger, Caterina      |                                                                                   | 1956 | Seniorinnen W65    |                          | 01:20:20 | 01:20:58 |

### 5 km Walking

#### Männlich

|    |     |             |                                                                                    |      |              |                  |          |          |
|----|-----|-------------|------------------------------------------------------------------------------------|------|--------------|------------------|----------|----------|
| 1. | 184 | Meyer, Dirk |  | 1967 | Senioren M55 | TuS Wasserstraße | 00:37:13 | 00:37:55 |
|----|-----|-------------|------------------------------------------------------------------------------------|------|--------------|------------------|----------|----------|

#### Weiblich

|    |     |                     |                                                                                     |      |                 |                      |          |          |
|----|-----|---------------------|-------------------------------------------------------------------------------------|------|-----------------|----------------------|----------|----------|
| 1. | 181 | Schiller, Christina |                                                                                     | 1975 | Seniorinnen W50 | VFL Bückeburg        | 00:35:21 | 00:36:03 |
| 2. | 182 | Vollmer, Vera       |  | 1961 | Seniorinnen W60 |                      | 00:37:51 | 00:38:35 |
| 3. | 183 | Grießl, Kerstin     |  | 1964 | Seniorinnen W60 | Kneipp Verein Minden | 00:47:40 | 00:48:26 |
| 4. | 180 | Rodenberg, Inge     |                                                                                     | 1955 | Seniorinnen W70 | LT Freya Friedwalde  | 00:47:41 | 00:48:26 |

### 800m Kinderlauf

#### Männlich

|    |    |                |                                                                                     |      |                       |            |          |          |
|----|----|----------------|-------------------------------------------------------------------------------------|------|-----------------------|------------|----------|----------|
| 1. | 1  | Kaiser, Leo    |                                                                                     | 2016 | Kinder (männlich) U10 | GC Nendorf | 00:03:32 | 00:03:32 |
| 2. | 2  | Hoffmann, Noah |                                                                                     | 2016 | Kinder (männlich) U10 | GC Nendorf | 00:04:02 | 00:04:02 |
| 3. | 12 | Fahn, Ben Luca |  | 2019 | Kinder (männlich) U8  | TSV Loccum | 00:04:02 | 00:04:04 |
| 4. | 4  | Gollub, Matheo |                                                                                     | 2019 | Kinder (männlich) U8  | GC Nendorf | 00:04:06 | 00:04:08 |
| 5. | 3  | Bußmann, Noah  |                                                                                     | 2016 | Kinder (männlich) U10 | GC Nendorf | 00:04:41 | 00:04:43 |
| 6. | 5  | Kaiser, Max    |                                                                                     | 2020 | Kinder (männlich) U8  | GC Nendorf | 00:04:45 | 00:04:46 |

#### Weiblich

|    |    |                   |                                                                                     |      |                       |            |          |          |
|----|----|-------------------|-------------------------------------------------------------------------------------|------|-----------------------|------------|----------|----------|
| 1. | 8  | Sandforth, Helene |                                                                                     | 2016 | Kinder (weiblich) U10 |            | 00:03:35 | 00:03:37 |
| 2. | 10 | Droste, Charlotte |  | 2019 | Kinder (weiblich) U8  | TSV Loccum | 00:03:39 | 00:03:40 |
| 3. | 11 | Bödecker, Freya   |  | 2016 | Kinder (weiblich) U10 |            | 00:03:44 | 00:03:46 |
| 4. | 7  | Sprado, Evi       |                                                                                     | 2020 | Kinder (weiblich) U8  |            | 00:04:44 | 00:04:46 |
| 5. | 9  | Droste, Johanna   |  | 2021 | Kinder (weiblich) U8  | TSV Loccum | 00:05:58 | 00:06:02 |

Anzahl Teilnehmer: 70